

Central Jr. Raider Express

December 19, 2011

Second Semester Milk

The first semester ends Wednesday, Dec. 21. If your child drinks milk for a snack and you did not pay for the whole year at enrollment time, it will be necessary for you to send additional money for the second semester. Kindergarten, first and second grade is \$27.30. If you have a preschooler and need to know how much their milk is please contact your teacher. Please make checks payable to Central Elementary and we remind you that **lunch and milk money need to be separate checks. As stated in our November newsletter, your child will not receive milk on Jan. 4 if it has not been paid for.**

News From The School Nurse

It's seasonal influenza season! Influenza, more commonly known as the "flu" is caused by a virus. Influenza occurs between October and May with the peak season being December to early March. Symptoms of the flu include fever, cough, and sore throat, chills, headache, and muscle aches.

Influenza is spread when someone infected with the influenza virus coughs/sneezes, or you touch something they have handled. Influenza has a short incubation period. Symptoms usually appear within one to four days after exposure.

Treatment is symptomatic. Drink plenty of fluids, rest, and chicken soup. Acetaminophen (Tylenol) or Ibuprofen (Advil) may help with fever and body aches. Do **NOT** give Aspirin to anyone suspected of having a viral illness.

Prevention is the best course of action. Make time for yourself and good health habits during this busy time of year. Eat nutritious meals and snacks, get plenty of sleep, and exercise regularly. The best thing you can do for yourself is to practice good hand washing. Wash your hands frequently with soap and water. Wash those germs away. Please keep your child home if they are running a fever or if they have symptoms of the flu. Remember also that everyone should be fever free for 24 hours without the use of fever reducers before they return to school.

Central Science Fair

Central PTO is sponsoring an early elementary science fair slated for Thursday, January 26th (6:30-7:30). This science fair will be for preschool through second grade students only. Each student who enters a project will receive a science medal and can use the same project in the USD 320 science fair in March. Student projects must be completed by the student with parental help. Projects will not be done at school but students are welcome to replicate any of the classroom science experiments they have done at school.

Each student project must display the subject and scientific method on a display board. Half size boards are best. These boards may be purchased at Staples and many other super stores or office supply stores.

We believe that science is such a critical subject for students to develop interest and skills in that we hope each and every student will enter a project. Projects will receive feedback but we will not reward “winners”. As mentioned earlier each student who enters is considered a winner and will get a medal to show for this wonderful accomplishment.

There are many wonderful books and web sites that give step by step directions for great science fair projects. The best web site is <http://www.sciencemadesimple.com>.

Steps of the Scientific Method

- ∩ Observation/Research- (what do you already know or can find out about your subject)
- ∩ Hypothesis-(what do you think the outcome of your experiment will be)
- ∩ Prediction-(how will you demonstrate that your hypothesis is true)
- ∩ Experiment-(the actual test of your hypothesis and prediction)
- ∩ Conclusion-(what happened in your experiment, was your hypothesis and prediction correct)

This is such an exciting event. We look forward to having hundreds of projects. A special thanks to our **PTO, Nancy Shreve, Deb Rice and Cara Niehues** for all their hard work. You will receive additional information in January.

Second Grade News

Lights! Camera! Action! The students put on a wonderful Christmas program. They worked really hard memorizing their lines and entertaining the crowd. They practiced daily working on their public speaking skills and looked wonderful in their outfits! Lights! Camera! Action! The students put on a wonderful Christmas program. They worked really hard memorizing their line and entertaining the crowd. They practiced daily working on their public speaking skills and looked wonderful in their outfits!

This and That

Please make sure your child wears a coat, hat and gloves to school every day. Students will have outside recess when the temperature is 21 or above or the wind-chill factor is 21 or above.

Thank you to all those who sent items for the Christmas Bureau. Central parents and students donated 18 boxes of nonperishable food items, toiletries, stocking hats and gloves. AWESOME!

Gingerbread in Kindergarten

The Gingerbread Unit was a great learning experience for the children. We read several favorite gingerbread stories along with some new versions. The children especially enjoyed the Gingerbread Baby and the Gingerbread Girl. We created a venn diagram to help us compare the different stories and the characters in the stories. The children used their writing skills by completing this sentence. "If I were the Gingerbread Boy I would run to.....". We used our math skills to create a "First Bite Picture Graph" which helped us decide what was the favorite part of the gingerbread to eat first. The children enjoyed wearing their Gingerbread Boy pattern hats during the day. We decorated gingerbread cookies and had fun going on a Gingerbread Boy hunt when they ran away. But the favorite part of the day was eating the cookies.



Thank you PTO

The staff at Central would like to thank our PTO for making our holiday season very special! We enjoyed each and everything! Happy Holidays to you and all of yours.

First Grade News

During our social studies time in December first grade has been studying about economics. We start out with the basics and discuss needs versus wants. When given a list of items the students need to determine if the item is a need or a want. The students learn that individuals and families have to make choices since they can't have everything they want. We introduce the concepts of goods and services. We also talk about the saving money and why people put money in a bank. There are many good picture books at our level that help illustrate some of these concepts.



Pre-School News

Miss Carrie's class has been learning about the author and illustrator, Jan Brett. We have been focusing on her name and the characteristics of her books, such as her use of a wide variety of animals. The children have been enjoying looking for Brett's distinctive borders that show the readers what will happen later on in the story.

Miss Jenny's class recently acted out the story of Night Tree. The family in the story has a tradition of finding a tree in the forest and decorating it with food for the animals. We were able to recreate this story in our classroom. Don't be surprised to see fruit loops and pine cones hanging from the trees in front of Central, all the little critters should be well fed for the upcoming snowfall!

Miss Mary's class has been learning about holidays around the world. We read about Christmas, Kwanzaa, and Hanukkah. We made one special art project called an Mkeka mat, by weaving red and green paper in to a larger piece of black paper.

Weather Concerns

Parents always have the right to make safety decisions regarding their child without that decision impacting the student's attendance status at school.

EZSchoolPay.com

EZSchoolPay.com is a service offered to help both schools and parents. It helps your student to receive his/her school meals quickly and without interruption of service.

You can use EZSchoolPay.com to make pre-payments to your student's **school meal account** anytime using your Visa, MasterCard or Discover Card (credit or debit). You can also monitor your student's meal account balance online-updated as often as every ten minutes. **Snack milk money cannot be paid for through EZSchoolPay.com.**

Other abilities include online history of your student's meal activity, and low-balance email alerts. These abilities are free to the parent!

Online meal payments are available to your student within minutes! (Schedule is dependent on the school procedures and the meal accounting system used).

We encourage you to take advantage of this service. It will give you peace-of-mind knowing your student will receive the meals he/she needs without interruption. If you choose to use this website you will need to have your student's ID #. You may call the office at Central(456-7271) for that ID #number.

Payments can be added to your student's account anytime, whether it's 11:00 PM or 30 minutes before the lunch bell.

You can feel safe knowing that all transactions are secure. The website is built using 128-bit digital encryption, providing maximum protections of your credit card information.



*Best wishes for the Holidays and the coming New Year
From the Faculty and Staff AT Central Elementary*

All the News That's Fit to Eat!

Brought to you by Food Service



I love school lunch, I love it a bunch!

Celebrate Kansas School Lunch Week January 23rd-27th!

Dr. Seuss's Lunchville



We are celebrating Kansas School Lunch Week by heading to Dr. Seuss's Lunchville.

Each day we will highlight a different Dr. Seuss book and as a result we will have some fun, mixed up menus!

Read along with your kids as we eat along with these books:

Green Eggs & Ham; Oh, The Places You'll Go; WaCkY WeDnEsDaY; Oh, The Things You Can Do That Are Good For You; One Fish, Two Fish, Red Fish, Blue Fish.

Do you like Dark Green and Orange? Try them and you may, we say!!



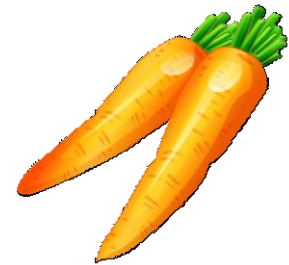
You do not like them.

So you say.

Try them! Try them!

And you may.

Try them and you may, I say.



If you will let me be,

I will try them.

You will see.

Say!

I like dark green and orange!

And I would eat them in a boat.

And I would eat them with a goat.....



See you in Lunchville!!!

